

■ **How long does the effect of treatment last?**

Individual results vary but in general may last about 3 to 4 months. Your doctor will provide information about the typical duration of effect based on her/his experience.

■ **How often will I receive it?**

Based on the agreement between you and your doctor, the treatment can be repeated after a time interval of about 3 to 4 months.

■ **Is there anything I will need to be aware of while I am on a course of this medicine?**

You will need to tell your other doctors, dentists and pharmacists that you are using a cosmetic medicine. You will also need to be aware of any side effects that may be associated with the medicine, and what to do if you experience them.



Your next Xeomin® appointment:

Date: _____ Time: _____

Doctor's stamp:

XEOMIN®
incobotulinumtoxinA

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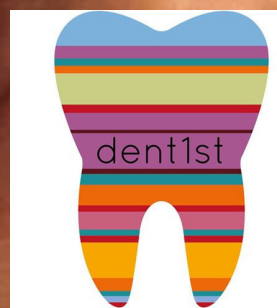
MERZ AESTHETICS

Xeomin® is a Prescription Medicine containing 50, 100 Units of clostridium botulinum Type A toxin complex for injection. It is used for the treatment of frown lines on the forehead in adults. It should be administered only by trained medical professionals. Xeomin® has risks and benefits. Talk to your specialist about the benefits/risks of this procedure in appearance medicine. Xeomin® treatment lasts about four months and further courses of treatment may be necessary. Individual results may vary. Cautions: Generalised disorders of muscle activity, infection or inflammation at the proposed injection sites, pregnancy and lactation. Possible side effects: headache, pain, swelling or infection at injection site, local muscle weakness including drooping eye lids, lack of feeling & nausea. You will need to pay for this medicine. 1. Xeomin New Zealand Approved Datasheet, February 2017. Discuss with your specialist if Xeomin is right for you. For more information or for a copy of CMI please contact the NZ distributor: NZMS Ltd, 2a Fisher Crescent, Mt Wellington, Auckland, Ph 09 259 4062, TAPS NA9077.

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XEOMIN®
incobotulinumtoxinA

The Pure Choice



Ageing's effect on the skin

There are two distinct types of ageing which affect the skin. The first, caused by the genes we inherit, is called intrinsic (internal) ageing and is a continuous process that normally begins in our mid-20s. The second type of ageing is known as extrinsic (external) ageing and is caused by environmental factors. Most premature ageing is caused by sun exposure, but repetitive facial expressions, gravity, sleeping positions, alcohol consumption or smoking also play a role, which is why a healthy diet and regular exercise contributes to a naturally youthful appearance.

The ageing processes described above lead to gradual loss of elasticity and volume, contributing to wrinkles and folds such as glabellar frown lines (lines between the eyebrows).

Anti-wrinkle treatment

Deep wrinkles and skin folds can create an angry, upset or sad appearance and these negative expressions can lead to disadvantages and discrimination both socially and in the workplace.

Relaxing facial muscles with Xeomin® to smooth negative expressions, results in a rejuvenated and youthful appearance. Research indicates that the majority of those who undertake cosmetic procedures experience an improvement in self-esteem. However it is essential that individuals have realistic expectations when choosing to undergo anti-wrinkle treatments.

The most common procedures performed by cosmetic physicians are anti-wrinkle and filler injections.

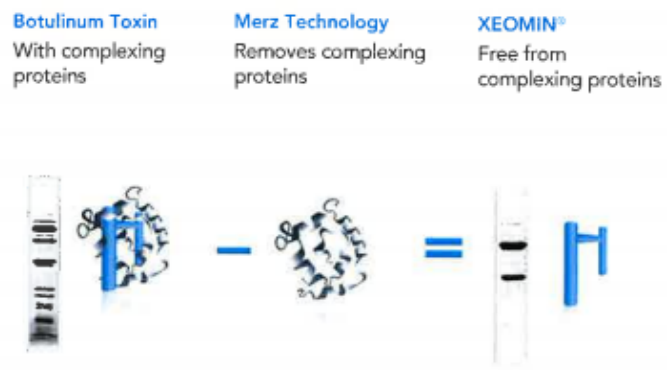
Why Xeomin®

Xeomin® is a botulinum toxin type A, free from complexing proteins, used for treatment of frown lines on the forehead. Xeomin® is available only on prescription and must be administered by a trained healthcare professional.

Xeomin® is the next generation wrinkle treatment. It is the only purified wrinkle treatment available today and is free from complexing proteins. Complexing proteins are formed during the fermentation process of every botulinum toxin (Botox®, Dysport® and Xeomin®). They are surplus and have no therapeutic benefits, they can in some cases lead to antibody formation and secondary treatment failure.

During Xeomin® manufacturing process an extra step is added to remove the complexing proteins it is called purification, leaving only the purified, naked toxin.¹

Xeomin® purification process¹



Your questions answered

Please discuss any questions you have with your doctor; the answers below are provided as a guide only.

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- **How does it work?**
Xeomin® acts on the nerve endings in muscle tissue to reduce the ability of the muscle to contract, hence improving the look of frown lines between the eyebrows.
- **What is the treatment procedure like?**
As it is an injection, it is a non-surgical procedure, that usually requires little recovery time.
- **Is Xeomin® suitable for me?**
There are some conditions (including other medicines you may take to treat these conditions) that may render you unsuitable for these injections; therefore, you will need to provide comprehensive information on your medical history to your doctor.
- **Is Xeomin® safe?**
All medicines have risks and benefits. Together with you, your doctor will weigh up the risks of you using this medicine against the benefits you expect it will have for you.
- **How soon can I see results?**
The onset of improvement varies between individuals. The treatment effect can appear as early as a few days or may take about 2 weeks.